



## AREA 10V DIVISION 16U AND 19U August 1, 2025 – July 31, 2026 LEAGUE GUIDELINES

These Guidelines do not supersede AYSO Rules and Regulations but are intended to supplement National AYSO Rules and Regulations. These Guidelines are binding on all participants (coaches, players, referees, and spectators) in Area 10V and should be followed in a positive and sportsmanlike spirit, for the benefit of all of the people who participate and play soccer in our respective programs.

**NO PETS, BBQ's, ALCOHOLIC BEVERAGES, SMOKING (including simulated smoking devices) OR ILLEGAL SUBSTANCES ALLOWED!**

### 1. CONDUCT

The No. 1 priority in athletic competition is good conduct and good sportsmanship. Poor sportsmanship or inappropriate behavior in soccer matches is contrary to the basic concept of fair play and the spirit of competition.

Taunting, baiting, ridiculing motions or body language during or after any play by a competitor; or pointing, hollering, chesting-up, or otherwise getting “in the face” of an opponent; showing up an opponent or referee; or other means of trash talking used to incite or intimidate an opponent, referee, or other designated officials is not acceptable conduct and is subject to disciplinary action by the referee. Further disciplinary actions may be taken by the appropriate Regional Commissioner and/or the Area Director or Section Director.

Each Regional Commissioner shall be responsible for the conduct of their membership. Coaches in turn shall be responsible for the conduct of their players and spectators, all of whom shall display the most positive aspects of good sporting behavior in keeping with the AYSO philosophy. Good sportsmanship toward and respect for all players and participants should be exhibited before, during and after all AYSO matches.

***Coaches, Referees and parents are the foremost role models in the teaching of good sporting behavior to all athletes and must play a leadership role in demonstrating appropriate conduct at all times.***

### 2. COORDINATION

The Area Director or Designee shall coordinate Inter-Regional play. All decisions concerning fields, schedules, re-play or re-scheduling of games due to emergencies or any other circumstances, shall be made by the Area Director or Designee and shall be final.

### 3. ELIGIBILITY

Only registered players may play. Each Regional Commissioner is responsible for ensuring the eligibility of the players from their own region. Teams playing non-eligible players shall be subject to discipline at the discretion of the Area Director.

All Coaches and Assistant Coaches shall be registered as a Volunteer with AYSO and Live Scan Fingerprinted by the start of the season. In addition, each coach shall have successfully completed (as certified by the Area Coach Administrator) the Advanced Coaching Course, Safe Haven Course, SafeSport Course, CDC Concussion Course and Sudden Cardiac Arrest by October 1, 2025.

### 4. PLAYER REGISTRATION FORMS

A. Coaches must have in their possession at all times a valid Player Registration/Medical Release form, with original parent/guardian signature or E-Signature for each player on the team. Before the start of each match, the coach shall present the player Registration/Medical Release forms of all players shown on the signed roster in the designated books and game card to the Area official in charge of team check-in, when requested.

B. **NO FORM, NO PLAY, NO EXCEPTION!** Should the use of I.D. cards be incorporated, the same presentation requirements at check-in shall apply.

### 5. ROSTER CHANGES AND ADDITIONS

A. No roster changes or additions may be made after October 6, 2025. Regional Commissioners must report all roster changes on or before October 6, 2025 to the Area Director or Designee. Failure to do so may result in player ineligibility. Coaches are responsible for reporting all player drops to their region as they occur. Failure to report player drops wherein wait-listed players cannot be added prior to the October 6, 2025 deadline or an unfair substitution advantage has been created may, at the discretion of the Regional Commissioner along with the Area Director, disqualify a team from Area Playoffs or Section Competition.

B. To be eligible for post-season play:

**I. Teams shall be balanced in accordance with National, Section 10, and Area 10V Guidelines.**

**II. A player shall be in "good-standing" in accordance with the Area 10 V Guidelines.**

### 6. HOME TEAM/UNIFORM CONFLICTS

A. The team listed first on the schedule is the home team.

B. The home team shall be responsible for the supply of 3 game balls.

C. The home team is responsible for changing jerseys or providing scrimmage vests in the event of a color conflict.

D. Home team spectators will occupy the north or west side of the field.

## 7. **FIELD RESPONSIBILITY**

- A. Park Host region will have the responsibility of striping each field for use.
- B. **It is the responsibility of all teams to correctly set up goals (properly anchored), nets and corner flags when they have the first match of the day.** It is the responsibility of the coach to secure adult (non-player) assistance in supervising the set-up of goals. It is strongly discouraged to have players set-up the goals and other field equipment. *The field shall be set up 45 minutes prior to match time. For any delay, which will affect the next game to start on time, time will be deducted from the match. It is not the field monitor or referee's responsibility to set up goals properly.*
- C. **It is the responsibility of all teams to take down goals, nets and corner flags when they have the last match of the day.** The same conditions for adult supervision and participation in the take down of goals as described in 7.B above apply.
- D. It is the responsibility of all teams: Coaches, players, and spectators to clean up any trash on their side of the field at the end of the match, or any other time the referee or field monitor makes the request.

## 8. **MATCHES**

- A. It is expected that each team will play all of its scheduled matches. Failure to do so without a valid and verifiable reason that is communicated to the Regional Commissioner and the Area Director in a timely manner may result in disciplinary action against the coach or team at the discretion of the Area Director or Designee.
- B. Player conduct/readiness commences at check-in. All teams must check in at the Area tent for Sunday play at least 45 minutes prior to the scheduled start of the match.
- C. Late Check-In that would cause the next game to start late will result in reduced playing time, in order to keep all games on the scheduled time.
- D. Due to time constraints, Division 19U games will consist of two 40-minute halves and Division 16U games will consist of two 35-minute halves. Half Time intervals shall be approximately 5 minutes long. The Area Director or Designee may instruct the Referee to shorten a match.
- E. Substitutions shall be made in accordance with Section 12 of these guidelines.
- F. It will be the Coaches duty to ensure that the "1/2 game played" rule is followed. Failure of a coach to comply with this rule may result in the suspension of the coach, and/or forfeiture of the match.

**9. NUMBER OF PLAYERS, GRACE PERIODS AND RESCHEDULING**

- A. A minimum of seven eligible players shall constitute a team. A scheduled match shall not commence, nor be continued, if one or both teams cannot field a team.
- B. A grace period of up to ten minutes may be granted by the Area Director or Designee, to allow additional time for a team to field at least seven players. If, after the grace period has expired, a team still has an insufficient number of players, the Area Director or Designee may elect to forfeit the match if one or both teams are not ready to play. All matches (and scrimmage games resulting from forfeits) must end on time prior to the scheduled start of the next match.
- C. Matches canceled due to weather or other natural causes may or may not be feasible to reschedule. All decisions regarding rescheduling and forfeits will be at the discretion of the Area Director, whose decision shall be final.

**10. UNIFORMS**

- A. Every player shall wear a matching team uniform that consists of matching jersey, shorts and socks (socks of same color) as provided by their region and meet AYSO National Guidelines. Metal braces, studs, earrings and any other hard or metal jewelry or other objects including necklaces and bracelets (of any material) are not allowed. (Only Medical Alert Tags permitted if properly covered.) No bandannas are allowed. No hair adornments (clips, bobby-pins, barrettes) shall be worn. Soft material hair control devices are permitted. The goalkeeper may not wear hard brimmed hats.
- B. Commercially manufactured **shin guards** of the appropriate material, covering a minimum of three quarters of the shin (nine (9) inch shin guards are the largest commercially available) are **MANDATORY**. Shin guards must be worn **under the sock**. The sock shall not be folded down over the shin guard as to give the appearance that the shin guard is covered by the sock.
- C. **Bicycle shorts** are permitted under the uniform shorts; however, they must be one solid color. They do not have to match the color of the team's uniform shorts.
- D. All jerseys must be tucked into the shorts at check-in and during the match. Shorts must be worn at an appropriate height so that underwear is covered up.
- E. Jerseys should be worn until players leave the venue.
- F. In case of inclement weather, sweatpants, sweatshirts **with no hoods** (including turtlenecks), gloves and beanies of a soft material may be worn at the discretion of the referee. Such additional garments shall be of the same color and general style for all teammates who choose to wear them. Sweatpants shall be worn over the shorts, under the socks. Sweatshirts shall be worn under the jersey.
- G. Goal Keepers must wear a shirt that covers their shoulders and meet all other AYSO Uniform Guidelines.

## 11. GAME CARDS

It is the responsibility of each coach to present a properly completed game card to the Area Official (or referee). Check-in 45 minutes prior to the scheduled game time:

- A. Game cards MUST be filled out in numerical order and MUST include EVERY player from the roster. **Only Area 10V game cards will be accepted.** The game card template can be found at [www.ayso10v.org](http://www.ayso10v.org).
- B. Game cards MUST be LEGIBLE and printed on cardstock (no paper cards)
- C. Illnesses, injuries, or other absences MUST be noted on the game card.
- D. A coach who has two consecutive games where absent players are not indicated on the game card **may be penalized one point in their game standing for each deficient game card submitted thereafter.**
- E. Games will be delayed, if necessary, until a proper completed game card is presented to an official.

## 12. SUBSTITUTION

- A. Except for injury, tardiness and game conduct issues, all players must play at least half of the game. **Substitutions may be made at the end of each quarter of play, as described below, only at the Referee's Discretion:**
  - i. Half of the first half of the match
  - ii. Halftime
  - iii. Half of the second half of the match
  - iv. Upon injury, as permitted by the referee.
- B. Coaches may not permit a player that has been identified prior to the game as ill or injured on the game card, to participate in the game. The penalty for the use of an injured, ill, or a player that has not been properly identified as being eligible prior to entering the field of play may include suspension of the coach and/or forfeiture of the match at the discretion of the Area Director.
- C. Goalkeeper changes are permitted before the taking of a penalty kick only with a player already on the field and with the referee's permission.
- D. At no time may a Coach, Assistant Coach or Parent enter the field without first obtaining the referee's permission. If a team coach, assistant coach, parent, or team representative enters the field of play to attend to an injured player either by his or her own request or the request of the referee, that player (excluding the Goalkeeper) shall leave the field of play immediately or when safe to do so and shall not return until the referee deems it appropriate. Players who become injured may be substituted for, or the team may elect to play short. When playing short, the injured player shall be allowed to re-enter the field with the referee's permission and signal.

- E. Any player receiving a caution (yellow card) **does not** have to be substituted but may be if the coach deems necessary. See 13.J for accumulation yellow of cards.
- F. Refer to Section 13.B. for additional guidance.

### 13. DISCIPLINARY ACTION

The provisions of Section 13, Disciplinary Action, are intended to cover the regular Area 10V league season and all post-season tournament games.

- A. Violent conduct, use of offensive, foul, derogatory, insulting or abusive language or action, serious foul play and/or disruptive conduct toward opponents, referees or officials ***will not be tolerated and will result in an immediate send off***. It is the responsibility of each coach to advise their players and spectators regarding positive and sportsmanlike conduct at all times. **It is the responsibility of the coach to control unruly players and spectators.**

**Section 10 will be enforcing the US Soccer Referee Abuse Prevention Program as adopted by AYSO effective March 1, 2025.**

- B. Coaches must take swift action during the course of the match if one of their players begins to show signs of disruptive or unsporting behavior towards an opponent or an official. This action should include warning and/or removing the player from the field of play until the coach is satisfied that the player is capable of resuming participation in the match. **An exception to the substitution rule will be permitted if a coach feels necessary to remove a player from the field for a “cool off” period.**
- C. Spectators, and Coaches who are asked to leave the match shall leave the field and the area around the field immediately and may not return to the field on the same day. All players who are asked to leave the match may not return to the field of play (including handshakes) for the remainder of the day. If any player, coach or spectator is asked to leave the match, and does not do so, the referee shall, with discretion, suspend the match until this is complied with, or shall terminate the match, if necessary.
- D. Players who are sent off from a match for violent conduct and/or serious foul play **shall sit out the next scheduled match**, and upon the Area Director's evaluation, may receive additional game suspensions or be suspended from participation in **ALL** subsequent matches for the remainder of the season including playoffs and all post season play. (See Area Review Board process under item 13.L.) Coaches, Asst. Coaches, or spectators who are sent off from a match for violent conduct **shall** be suspended from participation in **ALL** subsequent matches for the remainder of the season, including playoffs and post-season play.

- E. Players, coaches or spectators who are sent off prior to, during or after a match for any other reason will be suspended from all participation in the remainder of the match and from the entire **NEXT** match, including playoffs [except as noted in C above]. The Area Director may choose to extend the suspension beyond the next match. Additionally, a Region may choose to extend the suspension beyond the next match and is encouraged to closely monitor the behavior of their teams.
- F. **The Area Director or Designee may issue a suspension for conduct & behavior seen or language heard during a game that was not addressed during the game by the referee.**
- G. It is the responsibility of the RRA at the host region, to notify the Area Director and the Area Coach Administrator of all misconducts occurring at their region, on the same day of the occurrence. It is the responsibility of the Area Director and/or Area Coach Administrator to notify the Regional Commissioner of the player and/or coach suspension. The RC of the suspended player and/or coach shall notify the RC of the host region for the next scheduled match of any suspensions to be carried out in matches scheduled in their parks. Upon Area notification, it is the host region's responsibility to advise the referee of the suspension. However, full responsibility to ensure that game suspensions are carried out rests with the team's Coach and Regional Commissioner. It is the responsibility of the Regional Commissioner to ensure that the coach and/or player are aware of the suspension prior to the team's next match. This includes all playoff matches and suspensions issued during league competition. Should a suspended coach or player participate in a game, the coach and/or player may be immediately terminated from participation for the remainder of the season and post season activities.
- H. **Any player, spectator, referee, coach or official who seeks out another player, spectator, referee or official for the purpose of taunting, fighting or threatening the well-being of the player, spectator, referee or official either before, during or after a match either on or in the vicinity of the playing fields or parking areas, including adjacent streets, will be suspended from all further play during the season, including playoffs and post season activities.**
- I. **Players, spectators and coaches accumulating a total of two red cards or "send-offs" may be ineligible for any further participation for the remainder of the season, including playoffs and post season play.**
- J. Any player who accumulates a total of two yellow cards or "cautions" during league play or post season will be suspended for their next game. The accumulation during league play of yellow cards shall carry over into playoffs.

- K. Any player who receives an accumulation of two reds cards resulting from multiple yellow cards issued during league play will be reviewed by the AD or designee to determine eligibility for further participation in league competition and post season play.
- L. An accumulation of three red cards resulting from multiple yellow card issuances will result in immediate disqualification for the remainder of the season including playoffs and post season tournaments play.
- M. Any coach who is sent off the field for reasons other than violent conduct may appear before an Area Review Board consisting of at least three impartial Regional Commissioners (those without teams in the match under review) and two Area Director designees. Said Review Board shall determine the recommended disciplinary action and give said recommendation to the Area Director for final approval.

**Any player that is suspended under conditions in item D, may request a review of the disciplinary action to the Area Director. Such requests must be in writing and may be submitted via fax, mail, or email. The Area Director may convene an Area Review Board, whether in person or via telephone or via ZOOM/Microsoft Teams, consisting of at least three impartial Regional Commissioners (those without teams in the match under review) and two Area Director designees. Said Review Board shall determine the recommended disciplinary action and give said recommendation to the Area Director for final approval.**

- N. The Review Board shall have the authority to recommend suspension and/or expulsion from the program. The Area Referee Administrator or Designee will provide any Law interpretations that may be needed. The Area Director or Designee will be the deciding vote in instances where there is a split decision by the panel. In cases where extreme delicacy or confidentiality is needed, the Area Director will determine whether a Review Board will be convened.
- O. Any player receiving a caution (yellow card) **does not** have to be substituted for but may be if the coach feels it necessary. See 13.I for the consequences of accumulating yellow cards.

#### **14. REFEREE GAME MISCONDUCT REPORTS/OTHER DISCIPLINARY REPORTS**

- A. It is the responsibility of the host region (the Regional Commissioner or Designee) to immediately report to the Area Director any disciplinary action, infraction or any other incident requiring a written report arising out of Sunday's games before 8:00pm the evening of the match or incident. A copy of the misconduct report or written statement should be e-mailed to the Area Director, Assistant Area Director, Area Referee Administrator and Area Coach Administrator (all contact information is listed below). A message should be left for the Area Director at (818) 399-7512.



- B. Referees shall submit a written report (Referee Game Misconduct Report) in the event of: (1) All red and yellow cards; (2) Any conduct by coaches or spectators that interfere with the control of the match; (3) Abuse of the substitution rule and/or any AYSO minimum play rules which may come to the attention of the referee; and, (4) Any other action which the referee or host region may determine merits a report.
- C. **The referee team shall complete the Referee Misconduct Report as soon as possible & prior to leaving the field for the day.**

## **15. MATCH RESULTS/GAME CARDS**

It is the responsibility of the host region (the Regional Commissioner or Designee) to report Sunday match results to the Area Statistician on the evening that matches have concluded (prior to 8pm). This will be done by email to Frank Gallucci: [frank795rc@gmail.com](mailto:frank795rc@gmail.com) and Steve Singer: [areadirector10v@yahoo.com](mailto:areadirector10v@yahoo.com).

## **16. QUALIFICATION FOR THE PLAYOFF TOURNAMENT**

Each Region shall select team(s) based on the Area Final Season Standings with the requirement that selected teams have fifteen (15) points for 16U and (12) points for 19U from regular season games, subject to the final decision of the Regional Commissioner and the Area Director.

Each coach will receive a copy of the rules with their game schedules and maps to all field locations, from their respective RC's, upon qualification. In divisions where distribution of bye games occur in an unequal manner, record keeping of win/loss records of the Area Statistician are the official records; final season standings will be re-set using points per game average followed by the tie breakers listed below. Any Wild Cards will be based on Area Standings. All changes or adjustments to the playoff schedule or qualified teams are at the discretion of the Area Director or Designee.

**\*Multiple Cards (Yellow & Red) accumulated by teams during the season may be grounds for Non-Participation in the Tournament.**

- A. Teams must have followed all National, Section 10, and Area 10V Rules and Regulations
- B. Teams need to be approved by the Area Director or Designee

The following point system will be used for all Upper Division matches:

### **Point System:**

3	POINTS FOR A WIN	0	POINTS FOR A LOSS
1	POINTS FOR A TIE	1	POINT FOR A SHUT-OUT

A Tie Score Of 1 – 1 = 1 Points

A Tie Score Of 0 – 0 = 2 Points

### **Deductions**

- 1 for each red card/sendoff/suspension received (Player/Coach/Spectator)
- 1 each accumulation of 3 yellow cards by a team

**Tie Breaker for standings**

1. Least Number of Red Cards
2. Head-to-head competition
3. Most number of wins
4. Least Amount of Goals allowed – total (up to a maximum of 5 per game)
5. Goal differential (goals scored up to 3 per game less total goals allowed; highest differential advances)
6. Shots from the mark.

**17. PROTESTS**

While constructive input is always welcome, **APPEALS AND PROTESTS WILL NOT BE CONSIDERED.**

**18. REGIONAL COMMISSIONERS MAY BE ALLOWED TO COACH A TEAM, PURSUANT TO STIPULATIONS PROVIDED IN THE AREA 10V ADDENDUM. SHOULD THE AREA DIRECTOR COACH A TEAM, THE AAD OR OTHER DESIGNEE SHALL OVERSEE THAT DIVISION AND MAKE ALL DECISIONS.**

Thank you for your compliance with the letter and the spirit of these Rules and Regulations. Your cooperation in supporting and following these Rules and Regulations, are greatly appreciated and will contribute to making this season's Divisions 16U and 19U Area League Play a Fair, Fun and Safe environment.

**AREA STAFF**

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